

New Additions to the School

Owen Tanner
Section+Copy Editor

You may have noticed that there are some new doors by the English hallway. You might have been blocked from entering because they're locked. Maybe when you realize they're locked, you turn and BOOM! There's a little window to the office. Then you go to class and BAM! There's new teachers too! Hello Royals, I'm a weirdo who's gonna write about the new things at the school. I hope you enjoy! Also watch out for puns, if you can point all of them out to me, you'll get a mention in my next article.

As I mentioned in the beginning, there's some new doors by the front of the school. These doors are usually locked during class to keep not nice people from entering the school. They are open during lunch, I believe. If you are

late you must check in at that new window. Though I must warn you, sometimes the doors aren't doors, sometimes they're A-jar.

Now it's time we give a warm welcome to our new teachers! This year we have 15 new teachers and they are Trcia Henrie, Marian Smith, Darcie Christiansen, Bryn Matthews, Stephine Shock, Larissa Kou, Malloory Moore, Ammon Borup, Kolten Probert, Dani Scott, Adam Montgomery, David Hagen, Jenny Duersch, JW Smith and Hannah Blanch.

I managed to get a few interviews from these amazing teachers and here we start with Mr. Borup.

Mr. Borup went to Davis High and is still at Weber State. He chose to be a teacher because he saw how his grandpa impacted students he taught and wanted to help students in the same way. He is happy to follow in his parents

and Grandpa's footsteps. A quick fun fact is that he is great with flower arrangements and even arranged flowers for his high school dances and his brother's wedding.

Mr. Montgomery went to Bonneville for high school and the University of Utah for college. He became a teacher because he enjoys helping others understand things. He is also great at woodworking. He is always happy to help and has loved teaching here so far.

Ms. Scott went to Weber High and Weber State for schooling. She started tutoring math in college and really enjoyed it so she became a teacher. She is here to help even if you don't have her class. She is a very fast reader and can play four instruments.

Mrs. Moore went to Bonneville High though

she spent her sophomore year here and went to Weber State for college. She thinks this school is awesome. (Heck yeah we are!) Married to her cousin...who is related by marriage. All her siblings and husband are Roy High graduates.

Mr. Trujillo went to Roy high school and had a lot of good teachers who helped him and wanted to impact others the same way. He is great at paintball and in ninth grade, he was a ballroom dancer. Jake wants us to know, "Don't take life for granted and take advantage of every opportunity."

Now, here's some shaking news, Mrs. Lords is now Ms. Trimble. Get it? Shaking? Tremble? You guys are lame.

Anyway, sadly I was not able to interview all teachers just yet (they're safe.. for now). But let's still give a warm welcome to all our new teachers and staff. These guys are awesome! Welcome to our school. Between amazing new teachers and some fun new doors, we are set this year to rock and roll. I know it's boulder of me to say that. Have a good one Royals!



Respecting West Field

Paula Thongrit
Social Media Coordinator

West Field High School is a newcomer to Weber School District! The West Field Longhorns have officially started their first year as a newly constructed school. However, immediately after their announcement of their opening, it has attracted many misjudgements upon the school. It may most likely be due to it becoming a new rivalry school essentially through games and awards.

But most importantly, as rivals, respect should still be present no matter the circumstance. Through sportsmanship, clubs, and even the tiniest interactions

between our schools, respect should be maintained as a student body. If you have a friend or teacher that recently transferred to West Field, it's best to not name call them 'traitors' but instead be appreciative that their contribution within the high school is helpful. As a brand new school, there's always a beginning whereas pieces are still being put together. Without the new students and staff at their school, West Field couldn't have received the full support and appreciation they needed in order to operate well.

When attending any events related to West Field such as guests to their dances, games, or in

any type of gathering, still keep in mind that you're visiting their school for a reason, not just to "diss" them for any occasion. It's crucial to contain respect for them as it'll reflect us as a student body. Not only does this apply to visiting West Field but also to other schools generally. Although being a brand new school has brought attention to it negatively and positively, it doesn't mean their school has higher authority than others. They need a warm welcome to the district as well as fitting in with the rest of the high schools, to be remembered as part of our community instead of sworn enemies.

To show respect towards

their high school, address them kindly, leave their school tidy if attending an event, and always greet their students and teachers warmly. Remember and pursue professional etiquette. If we follow those actions, then it'll also be reasonable for them to reflect the same respect back. Displaying those acts of kindness would mean a lot to West Field, as well as they'll receive the respectfulness they deserve if we have our input. On some occasions, even if they're disrespectful to our school or other schools throughout the district, it'll portray them as a school but moreover the best solution is to not disrespect them

in return and maintain our politeness.

Overly, we can also demonstrate and set as an example to others with the politeness we'll share to West Field. We should exhibit respect to their school despite circumstances that may have affected you since the opening of their school. With a respectful representative community, it'll look upon us to also impact both our institutes supportively. Other than that, becoming rivals with a new school comes with respect in order to maintain a relationship that'll uphold both our roles played in this district. Anyways, welcome West Field Longhorns to Weber School District!

Royal in the Hall
PAGES # 3

Kendrick vs. Drake
PAGES #7

Homecoming
Game
PAGES #6

Trick or Treating is for Everyone

Alyssa Mahony
Editor-in-Chief

Brittley Barney
Layout Designer

When it comes to trick or treating there seems to be a stigma as to what age is too old for the holiday fun. In my personal opinion, if you show up, you get to participate! Why should we end the fun for those who have matured and have responsibilities? When it comes to halloween part of the fun is costumes and candy. Not only the horror films



Trick or treating is a well-known Halloween tradition which is carried out by children of all ages. And that is exactly how it should stay. I believe that children should be the ones trick or treating because that is primarily who it is made for.

There are Halloween activities for people of all ages and I think that

and dark decorations. The whole feel of halloween is something people look forward to, like dressing up in cute or scary outfits and staying up late for something as simple as free candy. Of course not everyone has to participate but why should society dictate their choices or how they cele-



you should stick to your age group. I think that the prime age for trick or treating is 5-14. After that you move on to parties and hangouts and the age range for that would be 14 to mid 20's. Then you would perhaps have your own children and you can introduce them to the beloved activity of trick or treating.

I don't think there is a definite age to stop for sure, but I think you should stop once you feel you are too mature. When you start

brate their holiday? Trick or treating is for everyone.



to question whether you should continue, you've probably reached the age where it is time to stop. In my personal experience, I've felt like I was too old from the age of 13.

It is a hard thing to transition out of because it is so nostalgic to dress up and go door to door, but there are so many amazing things that they offer and target towards teenagers specifically. There are haunted houses that you could go to. There aren't very many in the Roy area but since most of us are able to drive we can go to ones that are in the Salt Lake area. Halloween is also a night of parties and pumpkin carving. I promise there is not much you are missing out on just because you don't go trick or treating.

One of the main reasons why I see teens my age go out trick or treating is pretty much for the free candy and I think we all know that the teens are the ones that are stealing the candy off of unsuspecting front porches. I think we forget that there is not an unlimited supply of candy at each house and it's just not worth it anymore. In my opinion, there are better ways to spend time other than walking in the cold for free candy.

As teens, I think we should leave the trick or treating to the kids. It's one of the only enjoyable activities for them and they should have it. We should also be encouraging them

to go out and enjoy the tradition. All kids should have something to do besides sitting inside for Halloween. If you haven't noticed, the tradition is dying and we shouldn't sit back and let it. We need to get these kids out there so they can pass this on for generations to come. We also need to give the kids the experience that we got when we were younger by leaving the tradition alone and growing up for just one night. We can spread the spirit of Halloween somewhere else and encourage the little ones to enjoy the night in one of the only ways they can. We are not missing out when we don't go trick or treating, but they are.



Early Out Schedule

Paula Thongrit
Social Media Coordinator

For the 2024-2025 school year, policies have reconstructed themselves whereas we will be reminded once again. This year's schedule consists of an early out every single week, similar to elementary schools now. In spite of having weekly early outs, there are changes to the overall schedule. In exchange for early outs weekly, which may have seemed relieving at first, are somewhat extended in length compared to the previous year's schedule.

An anonymous student stated, "I do like that we have early outs literally every Wednesday, but the longer periods aren't worth it when lunch isn't at the end of the day anymore. Plus, last year's schedule early outs didn't really matter to me whether to go or

not since it was very short and classes wouldn't do too much." With lunch being right after third period then having fourth after lunch, it's to not further our consequences and conflict as we refer to last year whereas lunch was at the end of the day granting the option to either leave early with your own transportation. However, some didn't have personal transportations in which they'd have to take the bus which was a disturbance to the Sandridge Junior High below Roy that contains all the buses to take students home. That's also a reason why our schedule isn't similar to last year's.

Another student, from a different perspective claimed that, "I do like the new schedule, it gives me a break before we head to fourth period. But also it's reasonable to have it be

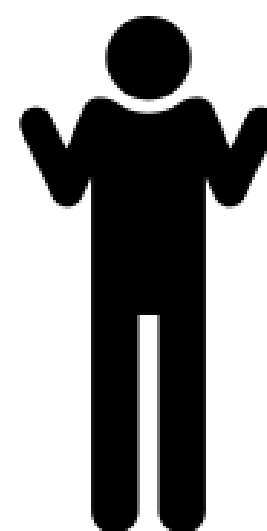
longer since they're practically every week. I really like the new schedule. I'm not gonna lie." their claims have approached the pros of the new schedule. Having it within every week feels like the days will go by swiftly. Every Wednesday, it'd be like a checkpoint mark that you're almost done with the whole week.

In between those opinions, there are strengths and weaknesses in this weekly early out bell schedule. It still does feel like any other day, just a couple hours can go by very quickly or take a devastatingly long time. But it still feels nice that despite that we have a couple hours to spare as a result of the early out at 1:15, but referring to last year whereas we got out an hour earlier than that almost every two weeks. It still felt like a relief, but either way both of these early

out schedules meant that we'd spare time. Though, with bus transportation others might place it in a different aspect.

Despite all varieties of the outcomes everyone has been affected by the newly early out schedule. This schedule is meant to be beneficial as well to receive more educated time, still remaining as important. It's similar to last year's sched-

ule whereas the half days weren't so frequent which still adds a lot of time for teaching. Overall, there are ups and downs still maintained within everybody's opinion on the new schedule since it has affected all of us.



Slow Walkers

Alyssa Mahony
Editor-in-Chief

Do you ever find yourself surrounded by people who have no sense of urgency? Individuals who have the tendency to drag their feet seem to be everywhere these days, especially in the school hallways. We all have places we need to be, so why waste your time and everyone else's time by refusing to pick up your feet and move it!

In the mornings, sometimes we are too tired to make an effort to really do anything. But these actions affect how other peoples' mornings go. All I ask is just to walk on the right side at least, so those in a hurry or fast walkers have the ability to pass you.

One of the problems that I see the most here are people who scroll on their phones and attempt to walk at the same time. Especially with the new phone policy in place, sometimes the hall is the only place that you are able to answer texts. That does not mean we can dawdle and leave our heads in the clouds. I understand that sometimes the halls can be a break for us to use our technology, but some people just cannot multi-task and that is okay. Admit that you are one of those people

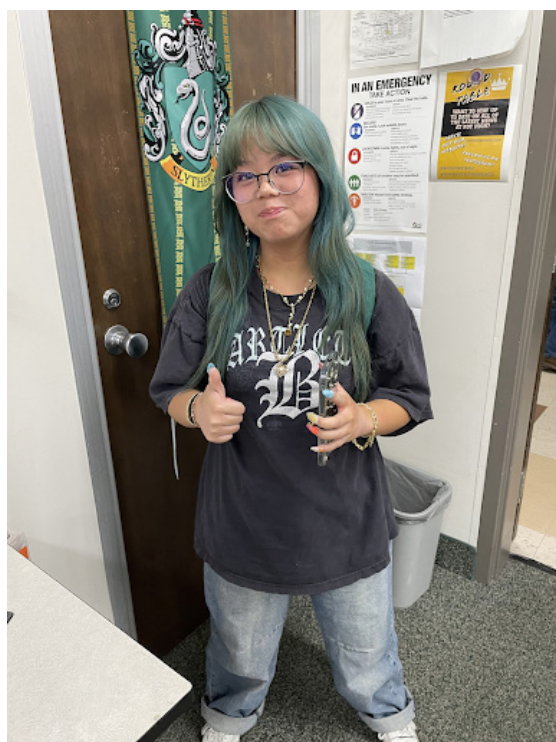
Slow walkers are a leading reason for frustration these days. Slow walkers also always seem to carry annoying char-

acteristics such as, taking up all the space in the hall so no one can pass you, colliding with friends and stopping in the middle of the hall. Which makes me wonder how most of these people are able to drive cars. It makes me curious and I really think about how we have gotten this far in life and nobody has been taught proper hallway etiquette. And if we were taught it, why is it so hard to follow it? You've seen the videos, heard people complain about those with sloth-like movements, maybe been pushed once or twice. So why do we continue this behavior? Will you ever learn to quicken your movements?

Most of my questions will forever remain unanswered because these snails that you call people will be everywhere at any time, especially when you have somewhere to be.



ROYAL IN THE HALL



Question: What is your favorite core memory at Roy?

Anika Thao (Senior): "My favorite core memory was meeting new people."



Carmella (Junior): "My favorite core memory in Roy High was the sweet hearts dance and making memories with friends in classes."



Emerson Wintle (Sophomore): "My favorite core memory so far is seeing the Royal drill team dance."

Self Love Club

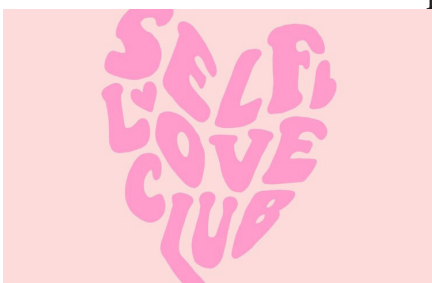
Jocelyn Smuin
Co-Editor-in-Chief

Who are you? A question we get asked but it's hard to answer. Who am I? You find asking yourself, is it what I like, what I do, or how I act? The answer is really unclear, how are we supposed to know? Only you can answer that question, really you decide what makes you, you. You are a completely unique individual and that is one amazing thing about humans is there isn't one person exactly like the other. That's why it's good to practice self love.

Loving yourself is hard, especially when you're a teenager and you barely know who you are. Growing up on social media can really do a lot of damage and that includes finding who you are and becoming your own person. So I wanted to talk about how important it is to take time to get to know yourself.

The media is a very important part of our lives but at what point do we have to take a step back and realize that it's tearing down our sense of self. Social media isn't all bad, it's our main form of communication. We

can't completely get rid of social media but we can do things to prevent it from killing our mental health. According to the Carolina Counseling Services up to 50% of adolescents suffer from low self-esteem, there are many different causes for this but I think the main one is social media. On social media we see a lot of edited pictures and just the highlights of life on social



media, we don't usually get to see the bad and ugly. So that leads to setting the standard that we aren't allowed to have bad and ugly days, which isn't true at all. Being open minded and reminding yourself that not everything we see on the internet is true is super important because how often do you find yourself thinking "Oh I wish I looked like them." too often is the answer. Knowing that social media has a huge impact on your self-esteem is just the

first step.

Do things you love, things that make you happy and that doesn't include scrolling on tiktok. Doing things like hanging out with friends, playing an instrument, painting, etc. Find something that takes your mind off of things and that you love doing.

Doing things to express your emotions is just an amazing way to feel the weight lift off of your shoulders. Being able to heal by feeling your emotions is a huge part of being happy with life and yourself. Life will suck no matter what so feel what you need to feel and move on because holding it in will only make it ten times worse.

Don't let people try to tell you who you are, only you know who you are. People are going to talk no matter what you do so don't let their opinions bother you. Everyone is just trying to get through their day just as much as you. Don't lose your sense of self just because you want to be friends with someone or you want to seem cool. Cool doesn't exist just the same as normal doesn't exist, these words are just to make people who think and look different feel bad for being themselves. Don't fall into the media traps, be your own person and think differently.



Homecoming 2024

Aayla Cotton
Designer

Picture it, Utah 2024, the excitement in the air for what's to come of Roy High's Homecoming celebration. You have the girls on the side chatting and giggling on what dresses they want to wear and how they're going to do their hair. You have the boys, still beaming from the homecoming football win! All through the halls, you hear the sheer excitement about the dance to come and the possible music selections. For the Seniors, there's a bit

of sadness looming because homecoming as we know it will never be the same! Fast Forward to September 28 2024, the preparation for homecoming has begun and the nervousness has set in. Meeting up with your friends for a day date that could range from brunch to painting pottery. All smiles while we spend time once again with the thought that we're moving onto bigger and better things and the youthful adventures we once had will no longer be. Time has come to get ready and take photos while our families smile with a bit of sadness behind their eyes because they also know their babies have grown up. Making your way to dinner, blasting music in the car, and having the most insane conversations with friends and/or your significant other.

Making your memories last a lifetime and before you know it the time has come. Time to get out on that dance floor and have the time of your life. The DJ playing all kinds of songs, that you know. Yelling to the top of your lungs repeating the lyrics. Slow dancing with someone who means everything to you. When all is said and done, you're most likely tired and sweaty, but still not ready for the fun to come to an end. Yet you know that it's over, some forever and for others just tonight.

Sophomore Advice

Jocelyn Smuin
Co-Editor in Chief

Welcome to high school sophomores! This is a huge step in your lives and it can be scary and I bet you all have a lot of questions. So we asked you guys what you wanted to know and we answered. Don't be scared to ask questions!

Question: "Any tips for motivation on schoolwork?"
Answer: It's easier to just get it done during school than at home. If it gets assigned to you as homework I recommend going to the public library to do it because there are less distractions there than at home. If you want to do it at home, create an environment where you can focus and there aren't many distractions.

Question: Do you have to

be 16 to do driver's Ed?

Answer: No you can be 15 to start drivers Ed, you just have to have a valid learner's permit.

Question: Do we switch home room period teachers every year? Or have the same till graduation.

Answer: Your home room teacher stays the same throughout your whole high school experience.

Question: Is 11th grade actually the hardest year?

Answer: I think it definitely varies on the person and how you decide the year is going to go. For most people it was hard but it's only what you make it.

Question: How can I make more friends through these years?

Answer: Honestly be social, be kind to people. Talk to everyone. Don't let social anxiety get in your way of making friends.

Question: What do you do

when you fail a class?

Answer: You can do make-up credits by talking to your counselor to sign up for the program.

Question: What are the best AP classes to take in the future?

Answer: I think AP language is a super helpful class to take especially if you're planning to go to college. This class helps with being able to break down readings and being able to write a paper on that reading.

Question: Can you take someone else to a dance from another school?

Answer: Yes you can, you just need to fill out the guest form.

Question: What's the best thing you can do to have a great high school experience?

Answer: The best thing you can do is go into the day with a good attitude, and I

know that's cliché but honestly having a positive attitude will get you through the day. Remember school is just a small part of your life, have fun, go to games, join a club and graduate!
Question: What do I do if I don't know what I want to do after high school?
Answer: You still have time, don't feel pressured to already know what you want to do because that's a huge decision. If you still feel that way when you are a senior, take a gap year after you graduate to get things figured out, your life is your own.

We hoped this helped and if you have more questions don't be scared to ask your counselor or a teacher. Remember high school is what you make it, so make it a good experience!

Future Farmers Of America

*Eva Ford
Layout Team*

FFA, short for Future Farmers of America, is a national organization that is fully student run. It is the largest student run organization and is a really fun program to be a part of! You get opportunities to work with livestock and learn more about agriculture, developing skills to use later in life. FFA organizes many community service projects, and we also compete. You can even get out of school for a day to go on field trips to do more hands-on activities. FFA

is for everyone! The FFA Officers this year are...

- President: Taegen Cox
- Vice President: Isaiah Van Wagoner
- Secretary: Lillianna Muir
- Reporter: Kaylee Kranendonk
- Treasurer: Jaydaan Diamond
- Historian: Ally Foote
- Sentinel: Jace Diamond

If you have any questions, ask our officers! If you are interested in joining all you have to do is be in an agriculture class and pay \$10 to the book-keeper! Hope to see you join!!!



Hope Squad and Suicide Hotline

*Lexi Muñoz
Reporter*

Mental health is very crucial and it's always important to know there is someone there for you. Hope Squad is one of the things that can help people who are struggling with their mental health. Hope Squad is filled with peers who are there to help and listen to you. These are people who are nominated by classmates and then trained by advisors to help decrease the risk of suicide in teens. Teachers and counselors are also part of the Hope Squad. Hope Squad's goal is to help students find the needed mental health resources.

Hope Squad is a world wide suicide prevention program, filled with amazing people who want to make the world a better place. It is designed to help teens who are struggling with their mental health and to create an environment where people feel safe and get the resources they need. The members of Hope Squad are trustworthy people who know what to do to help those who are hurting. These are people who want to help you and make sure that you are safe and doing okay. This is a group of people who have gotten



training on how to handle these situations and want to get rid of the stigma surrounding it.

If you or someone you know is struggling with suicidal thoughts call the number 988. This is the number for the suicide hotline. Someone will pick up and be there for you to talk to. If you don't feel comfortable to call you can also text the number 988. You can also talk to someone by going to 988lifeline.org. Never be afraid to speak up, whether that be for someone else or for yourself. If you notice signs from other people who are struggling, talk to them. If you know their name or have class with them you can ask a teacher to check up on them. Everyone deserves to feel safe, loved and know they are cared for.

There is always going to be someone out there who loves and cares for you. It's important to remember that we can't be perfect all the time and it is okay to make mistakes. We are all living for the first time and learning how to be humans. We're all going to make mistakes here and there but what's important is that we learn from them and move forward. We all have feelings and emotions. Never let someone make you feel like your feelings aren't valid, because they are. Asking for help can be scary but it is also one of the bravest things you can do.

If you or someone you know is ever struggling don't be afraid to reach out and ask for help. The Hope Squad and 988 suicide and crisis lifeline are great options. These are people who

want to help you and are more than willing to help. Always remember you're not alone, and that there are people here who care about you. There are so many resources out there that can help you if you're ever struggling. Never feel like a burden for being human.



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New Coaches at Roy

Luckie Tomney
Reporter

Here at Roy High, we have gained several new coaches for our sport teams. Starting with the new head coaches for Boy's and Girl's Lacrosse we have James Dickson and Chris Christiansen, for Speech and Debate, there is English teacher Courtney Bergman, the Boy's Golf Coach is Sandridge English teacher Justin Empey and Colton Archibald, and the new Girl's Volleyball Coach is Tammy McKean, with assistant coaches of Tyler Dooley, Breanna Norwood, and adviser Mindi Lima.

I interviewed the new golf coach Justin Empey. He states, "I've been the head golf coach for the first year and assistant baseball coach for six years." When asked why he became a coach in the first place he states, "In general because I think it's a good way to help people grow and it's a good way to connect to kids in the classroom and because I love sports." He was then asked what it's like being a coach here at Roy High. He said that he loves it. He feels like sports make a big difference in the students and also the coaches, and the community of Roy High supports

their student athletes really well. The final question asked was what his favorite part of being a coach here at Roy was. He states, "That's a tough question, since I played at Roy High it's awesome to give back to the same community that helped me when I was in high school."

I would like to extend a welcome to all of the new head and assistant coaches here at Roy. The Round Table wishes you well in your seasons, games, matches, and meets.



Girls Soccer

Eva Ford
Layout Team

Introducing our Roy High Girls Soccer team! These girls have been working so hard this season and are so positive and fun! This season, the Girl's Soccer team got a new coaching staff: Bailey Pollock is the new head coach with Taylor Slack and Taylor Thomas as the new assistant coaches. Senior Keely Draheim, who plays center back, says, "everyone is very inclusive and makes the best of everything." Draheim has been playing for 12 years and was also on the team last year. When asked about the new coaching staff she states, "It has been a different dynamic of coaching and Coach Bailey is good at encouraging and giving feedback and con-

structive criticism". These coaches have been amazing to our soccer team. They let the girls still make fun memories while building a good work ethic environment. If you're interested in trying out for the team in upcoming years, Draheim's advice is "Good luck and make the most of it even when things aren't going your way." If you are interested in joining, talk to any of our team captains who are Eva Reed, Remi Erickson, and Taylor Delgado. You could even ask our team manager Sam Bischoff for more information! **RESPECT THE ROAR! GO ROY!!!**



HoCo Game

Aayla Cotton
Designer

September 27, 2024 7:00 pm MDT, Roy High, Roy, Ut. The stadium is full with Royal fans, yelling, screaming and dressed as ... minions?!? Yep, you heard that right minions chanting, "And tonight, we will steal the WIN!!!"

For the Royals it's not just another game, it's the Homecoming game, our biggest game yet. Not only is it in Roy territory, it's surrounded with so much excitement and love for the football team and the fans.

As we sing the National Anthem, skydivers are plummeting to the ground with flags to represent America and Roy High. The team rushes onto the field, and the crowd goes wild. Screaming, yelling, throwing balloons. There's never been a better student

section than Roy's. With Roy already being at the top of Region 5 with 7-0, we start off strong. In the first quarter, Logan Cella number 0, brings home a 19-yard touchdown, not even minutes after the game starts. Woods Cross is in despair having not scored or even gotten close.

2nd quarter rolls around faster than a cheetah running through the wind. With another touchdown from Robert Young number 5 and a field goal from Colby Frojker number 1 the score is now 14-0.

Until Woods Cross scores a touchdown and the score turned 14-7.

With only 19 seconds left in the 2nd quarter another touchdown made by Dru Gardner number 16 and a field goal from Frojker. Not much happens in the 3rd quarter other

than Woods Cross scores a touchdown and has a successful field goal. The score is tied 14-14! Roy needs to get their heads into the game and focus on that win. As we should, Roy scores yet another touchdown from Cella in the 4th quarter. A minute left and Woods Cross has the ball, the throw it and it's intercepted by Zay Morris number 2 and returned for a 100 yard touchdown!!! The fans are hyped, having the time of their lives. The end score is 33-14. Another win from the Royals. Now 8-0, lets keep that win streak alive. Once a Royal, Always a Royal!





New Movie Releases

*Hadley Wood
Layout Team*

There are so many new movies being released it's hard to keep up! Let's start out with the ones in theaters right now.

- Inside Out 2*
- Despicable Me 4*
- The Crow*
- It Ends With Us*
- Twisters*
- Deadpool & Wolverine*
- Beetlejuice 2*
- Transformers One*

Inside Out 2 was released June 14, 2024. It is an animation, adventure and comedy. It starts out with Riley voiced by (Kensington Tallman) who is now 13 years old and is experiencing new emotions like Anxiety (voiced by Maya Hawk), Ennui (voiced by Adele Exarchopoulos), Embarrassment (voiced by Paul Walter Hauser), and Envy (voiced by Ayo Edebiri). Most people feel this movie came out at the perfect time because it resonated with them

especially now that they've grown up since the first one came out. It shows the struggles with experiencing emotions and ways to deal with them as you grow up.

Despicable Me 4 was released July third. It is an animation, science fiction, comedy and adventure. It's about Gru (voiced by Steve Carell) who is a reformed supervillain who has to relocate his family to a safe house when Maxime Le Ma (voiced by Will Ferrell), his old rival, seeks revenge.

The Crow was released on August 23rd. It is a horror, action, thriller and crime film. It starts out with Eric Draven (played by Bill Skarsgard) and Shelly Webster (played by FKA twigs) who are brutally murdered when the demons of Shelly's dark past catch up with them. Given the chance to save his true love by sacrificing himself, Draven returns to seek bloody revenge against the killers, traveling

across worlds of the living and the dead to make things right.

It Ends With Us was released on August ninth. A book written by Colleen Hoover made into a film adaptation. It is an empowering story about Lily Bloom (played by Blake Lively) who has a past of abuse from her father. She is on to her new life in Boston opening up her flower shop when she meets Ryle (played by Justin Baldoni) who she soon sees the dangerous sides of just like her father. She then finds comfort in Atlas (played by Brandon Sklenar), someone important to her from her past, when she learns who Ryle really is.

Twisters was released July 19th. It is an action, natural disaster, thriller, and adventure film. Kate Carter (played by Daisy Edgar Jones) gets lured back in with her friends into chasing tornadoes and trying to stop them from killing thousands

of people with a tracking system that would deprive the storm. She then meets a reckless social media star Tyler Owens (played by Glen Powell) who posts storm chasing adventures. Kate and Tyler have competitive teams chasing the storm to see who can get rid of it first. They find themselves in dangerous situations fighting for their lives in Central Oklahoma.

Deadpool & Wolverine was released July 26th. It is about Deadpool's existence that soon comes crashing down. He gets recruited from the Time variance authority to help safeguard the multiverse. Deadpool (played by Ryan Reynolds) then meets Wolverine (played by Hugh Jackman) who will initially save his world from existential threat. They have a love hate relationship towards each other and were both weapons for the X project where they received their powers.

Beetlejuice 2 was released September sixth. It is a horror, comedy, fantasy,

dark comedy, and supernatural horror. It is a sequel to the 1988 comedy film *Beetlejuice*. It starts out with the Deetz family that returns home after an unexpected family tragedy. Lydia's life gets turned upside down when her rebellious teenage daughter Astrid (played by Jenna Ortega) discovers a portal to the afterlife who she then meets the infamous Beetlejuice played by Michael Keaton. Lydia is played by Winona Ryder who you may know from the first *Beetlejuice*.

Transformers One was released September 20th. It is an animation, action, adventure and fantasy film. It is about the untold story of Optimus Prime and Megatron who are brothers. We know them as sworn enemies but never have seen what they were like before the wars happened.

Go grab some popcorn and your favorite soda and head to theaters with your friends to see all these amazing movies!

Kendrick vs. Drake

*Henrik Hulbert
Sports Section Editor*

Some of the most iconic hip-hop tracks in the history of the genre have been "diss tracks," and this summer we got some of the most iconic songs of the year in this format. Two of the biggest artists in the genre went head-to-head in a musical battle attempting to tear each other apart. I'm sure you'd heard of Kendrick Lamar, and Drake before earlier this year, which is what made this beef so large and mainstream. When Kendrick's first verse of the beef was launched on Metro Boomin and Futures song "Like That" it was clear something big was coming. How big the songs would get after this nobody could've predicted.

Kdot's first verse was a declaration of war against both Drake and J. Cole, and while being an absolute banger it was clearly topable by the two artists as it was only one verse and not even a full song. The first response was by J. Cole, in his song "7 Minute Drill" off of his album "Might Delete Later." This name became very literal in the sense that Cole actually did end up taking down the song only a couple days later and apologizing and extending an olive

branch at one of his concerts. While it seemed like he was backing down, many people would later on say that he made the right decision. The next tracks related to the beef that were released were located on Metro Boomin, and Future's 2nd album "We Still Don't Trust You," featuring disses from the weekend and A\$AP Rocky.

A few days after this, a Drake track would leak online called "Push Ups." There was an argument whether or not the track was AI, which wasn't helped by the fact that Drake did use AI in a later song that never came to streaming called "Taylor Made Freestyle" using both Tupac's and Snoop Dogg's voices. After the track "Push Ups" was leaked but before it was officially released, Rick Ross dropped the song "Champagne Moments," further cementing that most of the rap landscape was against Drake. In the middle of the next week, Kendrick would release an absolutely excellent song "Euphoria" and follow it up later that week with a track that never came to streaming, "6:16 in LA."

Drake would respond later that same day with the track "Family Matters," but would get a response nearly immediately in a very dark track

called, "Meet the Grahams." While this track was very dark, it was in massive contrast to the summer hit "Not Like Us," featuring production by DJ Mustard these two tracks back-to-back really put Drake in a bad place but his response would put him in a worse spot. The track "The Heart Part 6" was one of the worst things to grace the

public's ears. A massive majority of the population agrees that Kendrick eviscerated Drake, especially when it comes to the songs that Drake was releasing after this, like "Wan Gwan Delilah" (A play on the song "Hey There Delilah"). While it seems that Drake is in a bad place, there is still major bad blood between the

two. With Kendrick seemingly gearing up to release a new album after previewing excellent snippets, and performing at the upcoming Super Bowl in 2025, there will be many avenues to reignite the beef as it seems Drake may want to. For the time being, it seems that Kdot is on top of the world and Drake has lost a lot of his power.

Quote of the Day

Collected by Luckie Tomney

<p>Aug 21 2024: Appreciate the small things - Jocelyn Smuin</p>	<p>Aug 30 2024: Don't ever change yourself for a person because they asked - Ethan Romero</p>	<p>No one has the same normal so we must respect others' differences - Alejandro Cuadros</p>
<p>Aug 22 2024: Be smart to be stupid - Owen Tanner</p>	<p>Sept 2 2024: When life gives you lemonade, make lemons and life will be like what - Grace Read</p>	<p>Sept 9 2024: Watch where you drive - Cannon Cook</p>
<p>Aug 23 2024: A stupid is, a stupid does - Luckie Tomney</p>	<p>Sept 3 2024: Why be scared of the dark when you are the light - Aaron Davidson</p>	<p>Sept 10 2024: Drive dangerous but safe - Ashton Goodwin</p>
<p>Aug 26 2024: Show up for the people who matter the most to you - Ms. Lund, English</p>	<p>Sept 4 2024: Don't rent space in your heart and your mind for people who don't deserve it - Andrea Bailey, Mental Health Therapist</p>	<p>Sept 11 2024: Today is another chance to be better - Val Bennett, Student Advocate</p>
<p>Aug 27 2024: Progression not perfection - Connie Lewis</p>	<p>Sept 5 2024: Win the day - Chris Solomana, Head Football Coach</p>	<p>Sept 12 2024: Music is the way of the soul - Addi Bowden</p>
<p>Aug 28 2024: It is better to be a warrior in a garden than a gardener in a war - Mr. Borup, Auto Teacher</p>	<p>Sept 6 2024:</p>	<p>Sept 12 2024: Do or do not, there is no try - Chopp Marques</p>
<p>Aug 29 2024: Take a chance before it's too late - Mason Marsh</p>		<p>Sept 16 2024: We are not firefighters, were baristas - Alyssa Mahony</p>



JuCo vs Division 1: The Difference

Cade Draper
Student Writer

Junior College (JuCo) has been a place for athletes to prove themselves and show bigger schools that they can play at a higher level. The Division 1 level is that high level where top tier athletes are able to showcase their abilities.

Big stages, bright lights and now a day's money on the table. Snow College and Utah State are some of the biggest JuCo and Division 1 schools in Utah. Connor McGuire, now the offensive coordinator for Roy High School, has been on both sides of the

spectrum. McGuire played one year at Snow College before transferring and becoming a wide receiver at Utah State. He has experienced first hand the difference between facilities, coaches and campus life at a JuCo and a Division 1 school.

The help of staff at the D1 level is much greater than juco, this allows for everything to move quickly and efficiently so there is no wasted time. "More support staff helping set up... transition times were super efficient." Trainers are also paid much more at the D1 level allowing them to get state of the art equipment. "The D1 weight room

was unreal, at Snow JuCo level it was a shack. Bunch of rusty old weights. That's what brought me up though I appreciate having that."

Through the rough process of JuCo many players find themselves in uncomfortable situations. However, many players end up loving the struggle because when they get to the next or higher level they are that much more thankful. "Definitely a leg up in speed at the Division 1 level, everyone is good," McGuire comments about is probably the biggest difference between the two levels.

The average person can see the difference in play

between the two levels, but from a players perspective, the details are a lot closer than one would expect. "The 1s (at Snow) were solid but only a few were legit D1 guys. At Utah State the 1s and 2s were both really good." Players at Utah State the whole team is good, where only some starters at Snow are legit players. Most players that shine at the JuCo level should be playing on D1 fields. Many reasons go into why they are not already there. Some of these include grades, attitude and the main reason: getting overlooked. Players at small town schools do not get the opportunity to shine in front of the right eyes. This leads to many players going into a different environment having to "bet" on themselves to perform at a higher level than high school.

In McGuire's situation, he was very fortunate that his own gamble worked out and he earned a spot on Utah State's football team. The average audience will overlook the JuCo brand of football due to it not being as big or having as much money as the D1 level. Contrary to that, many players believe it to be the most pure brand of football.

Players like McGuire are grateful for those opportunities that JuCo provides. Teaching them to not only be great players but how to work in this world as men when they don't have the best start or have nothing to start with. The D1 level is for those special players though, the best of the best will shine on Saturdays and that is a coveted, special opportunity to whomever receives it.



The Struggle of Being Recruited

Robert Young
Student Writer

Athletes struggle being recruited all the time for football. Some players have it easier than others. There are definitely a lot of different factors that play into being recruited. There have been recent interviews conducted on some recruits from the Roy High football team. They all gave great answers and some pretty solid information about the struggles they have being recruited.

When talking about struggles being recruited, Colby Frokjer, the 5 star punter for Roy High, says, "I really have very little struggles. Winning camps and not getting offered are probably my only struggle." We have guys like Frokjer who apparently have little struggle, then we have guys like Dru Gardner, the quarterback for Roy High, who have just a little bit of a harder time. "Trying to get coaches to notice you and your talents when you reach out to them" is one of Gardner's struggles. Gardner and Cade Draper, the starting center for the Roy High Royals, are kind of in the same boat. Draper says,

"Being undersized" is a big struggle for him. "Coaches telling you they love you but won't take you because of a few missed inches from your height." That is how Draper describes some of his troubles of being recruiting.

Part of having struggles for being recruited, overcoming them is a must. For Frokjer, he continued talking to the coaches and proved to them that he was the best option. Some people have to work a lot harder than others. Draper says, "I train harder than others. My film doesn't lie. That makes the coaches look past my height." That is way harder than to just talk to the coaches. Then there's Gardner who has yet to overcome his struggles as he says he hasn't done anything to overcome them.

Recruitment relies on talking to the coaches of the school you want to attend. They all gave great advice. Frokjer says you should act classy and formal. As you get older and in a more professional stage of your life, acting that way would probably be best. Gardner thinks you shouldn't be cocky. "You don't want

them to think you are too good for them," Gardner adds. Draper says to just show interest and sell yourself to them. Definitely be confident when you talk to coaches. Both of them are correct.

Recruits should be very confident in yourself but not too much where it seems like you're too good.

All of the players that were interviewed are at different stages of being recruited.

Gardner has yet to gain his first offer, but still talks to some coaches. Draper with a Utah State offer and a bunch of interest from different schools like SUU, Utah Tech, UNLV, University of Utah, Idaho State, just to name a few. Then we have Frokjer who has already committed to Montana State for punting.

Part of being recruited is also knowing which school is the best for you. Recruitment is so much harder than you think.

